**What is Karns City Communities That Care (KC CTC)?**

Karns City Communities That Care (CTC) was created in 2016, as a joint venture between the Butler County Drug and Alcohol Program and the Karns City Area School District. KC CTC it is a model that aims to reduce substance abuse, improve positive youth outcomes, and make the close knit group of towns in the Karns City Area School District a better place to live and work.

**What do we do?**

KC CTC works closely with the Karns City School District and community partners to reduce risk factors for youth in the area. Here is a list of some of the projects we coordinate through our schools and community.

* **Backpack program at KCHS** – This program helps to provide supplemental food over weekends to youth who have food insecurities. No child is ready to learn in school when he/she is hungry. We coordinate the program for the Karns City Area School District students. We feed approximately 97 K-12 students.
* **Positive Action** – Taking place in grades K-6 in both of our elementary schools, this program has amazing results in reducing problem behaviors of many areas of young people’s lives. Students receive between 50 and 144 brief lessons through the year to promote positive choices and lifestyles.
* **Life Skills Training-** This program is being offered to 7th-9th graders at Karns City High School not only to prevent tobacco, alcohol, and drug abuse but also teaches the skills necessary to: Increase self-esteem, increase decision making and problem solving, and to improve communication skills.
* **Strengthening Families 10-14-** Parents/Caregivers and their 10-14-year old learn together in this program to increase family bonding and problem solving while reducing substance use and other problem behaviors.
* **Free Community Thanksgiving Dinner –** This year will be our 7th annual Free Thanksgiving dinner to help make sure that every family in the community can have a nice Thanksgiving Dinner together. Last year we served over 650 meals to our community.
* **The Inspiring Gremlins –** Our youth group at KCHS promotes positivity through our schools, holds community activities to promote healthy behaviors, and seeks to reduce problem youth behaviors such as bullying.
* **Operation Santa Program-** We purchase gifts for children for the holidays based on need. In 2021, we were able to help over 100 KCASD students and their families.

***For more information on KC CTC visit our website at*** [***www.karnscityctc.com***](http://www.karnscityctc.com/) ***and follow us on FACEBOOK. If interested in helping with any of these community efforts please contact Kayla Smith at*** [***ksmith.karnscityctc@gmail.com***](mailto:ksmith.karnscityctc@gmail.com) ***.***